

## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee:** HELPING HAND PREGNANCY CENTER, Worthington, MN

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**Goal:** To provide positive alternatives to abortion to pregnant and parenting women in Minnesota

**For the period:** January 1 through March 31, 2016

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Hiring, orientation, volunteer coordination, staff assessment and all administrative duties		One staff member resigned. Other employees and volunteers assumed her duties and provided client services as we re-hire. Regular Admin duties.	
<b>Outreach</b>	Multimedia advertising, publicity, community education, networking activities		Gave public presentations as a guest Instructor in schools to inform the students, and encourage enrollments in services. Outreach to community regarding Client Services to enroll new clients. Continued radio PSA's.	
<b>Car Seat Program</b>	Provide car seat safety education and installation by a Certified Car Seat Technician/Practitioner in an incentive program	12	This activity continues unchanged. As soon as there is a local or regional class, we'll enroll another employee for Technician Training.	14
<b>Case Management Services</b>	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services	40	We serve a diverse group including many refugees. Many of our most vulnerable clients live in poverty and cannot read or write in any language. They need a lot of personalized education and case-management.	59

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<b>Crib Distribution/ Sleep Safety Education</b>	Provide Safe Sleep Education with optional earned Pack' n Play incentive	18	Staff is using the SUIDS info provided at the fall grantee meeting!	22
<b>Interpreter Services</b>	Provide interpretation to enrolled clients who need Spanish language services	20	Very important, and well received.	22
<b>Life-Skills Education Program</b>	Provide Life Skills Education; increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting	10	This is a frequently requested topic by parents trying to live clean and sober and manage normal family life.	16
<b>Nutrition</b>	Provide nutrition education and/or prenatal vitamin supplementation to clients.	40	Employees are teaching the "My Plate" USDA nutrition lesson series. The info was current, relevant, and utilized, DVD's, food & plate models, and 1:1 instruction. Clients completed evaluation activities on this, and were glad to receive nice incentives for their participation.	39
<b>Parenting Education</b>	Identifies and encourage young women in the first trimester of pregnancy (or parenting) to receive programs and services. Includes case management and education about legal rights	12	Parents in the 18-24-year-old age group are especially encouraged to enroll. This age group benefits from hearing the information on Positive Alternatives to Abortion.	15
<b>Parenting Education</b>	Increase basic knowledge and skills for parents of Infants in a class series	12	New parents are motivated and eager to learn!	16

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<b>Pregnancy Education</b>	Provide individual and group pregnancy education; provide/refer for individual and group Labor & Childbirth Education	10	We encourage this but some clients don't see the value in labor and childbirth education because they say that they plan to have an epidural. We advocate that they reconsider and become informed participants in their health care.	11
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	2	Occasionally we have a client that does not enroll.	2
<b>Transportation</b>	Provide transportation for attendance in individual and group class sessions, as needed.	18	Many clients would not be able to come to HHPC, IF we didn't provide free transportation – especially in the winter!	23

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	7
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	7
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	39
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	39
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	11
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	39

**Challenges:**